Thursday June 17

11th Week in Ordinary Time

Abba, I belong to you...



Since our childhood we have learned to pray. We would have prayed so many times and for so many different reasons. May be some of us felt good praying or felt nothing.

Today our Lord Jesus teaches us what to pray for, how to pray and to forgive in prayer.Prayer is beyond words that we say, it is beyond a feeling-it

is an experience of a living and real relationship with our Father in heaven.

To enter into this experience with God we have to reach out to Him a child of God– "Our Father in Heaven…".God knows what we need, so instead of praying prayers of saying "give me this and give me that" let us start today by reaching into the arms of our Father. He is waiting for us. Let us use our time especially every morning to spend quality time with God.

We can start by praising God using a Psalm like todays 'Psalm of Praise' – to give Praise to God for His greatness, glory, goodness, power and for being faithful and true forever. We can use the '4 Steps' to go deeper in communion with the Lord.

When we acknowledge our Father in heaven, Lord Jesus our saviour and the precious Holy Spirit, we immediately connect supernaturally to the family of God – the Father, Son and the Holy Spirit.As we forgive those who have hurt us, we receive forgiveness and freedom. We open ourselves to the will of God and our will is aligned in surrender to the will of the Father. In His will all our needs are met. The Spirit we receive does not make us slaves, so that we live in fear again; rather, the Spirit brings about our adoption to sonship. And by him we cry, "Abba, Father." Romans 8:15

It does not matter where we are today or what our state is, our Lord Jesus is inviting us to call out to our Father who is God the Almighty, creator of heaven and earth.

Prayer:Abba Father,even though I fail many times, I believe I am your child and that you define me, you are inside me and that you are my reality. Amen